



EXPLORE WHAT'S NEXT

## **Is Tele-Psychology Right for Your Practice?**

### Resources:

[American Psychological Association Guidelines for the Practice of Tele-Psychology](#)

[American Telemedicine Association](#)

[Telehealth Resource Centers](#)

[APA Practice Central: Telepsychology 50 State Review pdf](#)

[American Telemedicine Association Practice Guidelines for Video-Based Online Mental Health Services](#)

### Research:

Computer-based psychological treatments for depression Meta-Analysis  
Clinical Psychology Review, Volume 32, Issue 4, June 2012, Pages 329–342

Controversy clarified: An Updated review of clinical psychology and tele-health  
Clinical Psychology Review, Volume 31, Issue 8, December 2011, Pages 1247–1258

[Research Roundup: Telepsychology, APA Practice Central.org](#)

### Training:

[The Telemental Health Institute](#)

### Recommended video conferencing platforms:

[Secure Telehealth](#)

[Jabber](#)

[Vsee](#)

[Vidyo](#)